



Addiction Prevention &
Treatment Services

CAPITAL HEALTH

Beyond the Label

FEBRUARY 22, 23, 24
8:30 am - 4 p.m.

Professional or service provider? Beyond the Label is for you!

Get “beyond the label.” Learn about the real issues faced by real people and what it means to be harmfully involved with alcohol, other drugs and/or gambling. This intensive three-day workshop will provide you with the practical skills you need to make a lasting difference in your work with clients – and in the community! Sessions include:

- An overview of harmful involvement
- How do I know if my client is experiencing a problem?
- Pharmacology: information about drugs and alcohol
- A holistic approach to recovery and wellness
- Prevention, early identification and community education
- Stages of change and motivational interviewing

Here's what past participants have said about **Beyond the Label**:

“This workshop exceeded my expectations! There was a lot of information and lots of room for discussion.”

“The updated information I received about resources and options available at APTS will be very useful in my work with clients.”

Register today! Workshop location: Suite 1070, 99 Wyse Road, Metropolitan Place, Dartmouth. Please register by February 12. Cost is \$100 (\$25 for students). To register, fill out the attached registration form and email to addiction.services@cdha.nshealth.ca or fax to 424-4890 or call Amanda Hudson at 424-4277 to learn more.