

**Project Name:** *Making Connections*

*Making Connections* will train family members of at-risk and problem gamblers to recognize the signs of problem gambling, to approach loved ones in a neutral and appropriate manner, and to seek outside help when necessary.

**Activities (Describe the activities of the project, including the timeframe for completing each activity and any relevant details such as how many workshops delivered, flyers given out, etc.):**

- **By Dec. 1/10:** Research best practices in family intervention related to problem gambling
- **By Feb. 15/11:** Write a literature review that will form the basis of a toolkit and will be available to other organizations
- **By Sept. 30/11:** Develop educational materials and presentations for the training program
- **By Oct. 31/11:** Hire and train leaders to run the training program
- **By Dec. 15/11:** Advertise the program and recruit participants
- **By Mar. 31/12:** Run a trial version of the program, administer evaluations
- **By June 30/12:** Follow up with participants to determine their success in discussing problem gambling with family members
- **By July 31/12:** Revise the program as necessary
- **By Dec. 30/12:** Run six versions of the program, modifying as required
- **By Mar. 31/13:** Develop and finalize the program manual to be used by community organizations

**Outcome #1:**

- **Short-term:** Participants understand the warning signs of problem gambling.

**Measurements to Determine Success of Outcome:**

- Participants' scores improve by X% on section of pre and post questionnaires related to the warning signs of problem gambling.
- % of participants who can identify two warning signs of problem gambling.

**Outcome #2:**

- **Intermediate-Term:** Participants are able to approach family members about problem-gambling behaviour.

**Measurements to Determine Success of Outcome:**

- # and % of participants who feel confident about approaching family members about their problem gambling behaviour.
- # and % of participants who correctly identify five ways to approach family members about their problem gambling behaviour.

**Outcome #3:**

- **Long-Term:** Individuals at risk of or experiencing problem gambling seek help.

**Measurements to Determine Success of Outcome:**

- # and % of participants who approached family members about problem gambling within two months after completion of the program.
- # and % of participants whose family members sought help for their problem gambling.