



NOVA SCOTIA

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# Youth Gambling Prevention



# Signs That May Point to a Gambling Problem

- Secrecy / Withdrawal
- Unexplained Debts / Cash
- Missing Money
- Increased Anxiety
- Substance Use
- Tardiness
- Falling Grades
- Stealing
- Mood Swings
- Criminal Activity
- Theft/Robbery
- Embezzlement
- Drug Dealing
- Shoplifting

# Prevention Possibilities

## In Schools:

- Increase prevention efforts through classroom education.
- Review policies on gambling activity on school property.

## At Home:

- Teach youth about the risks and consequences of gambling.
- Model healthy behaviours, including with entertainment choices.

## In the Community:

- Encourage open communication about the issue.
- Look out for early warning signs and have resources available for help.

# **“A” Host of Gambling Trends**

- Availability
- Accessibility
- Acceptability
- Age
- Attractiveness
- Adrenaline

# Contributing Factors to Problem Gambling



# Possible Life-Compromising Outcomes...

## □ Health

- Disease/Illness
- Lowered Fitness Levels

## □ Social Roles

- School Failure
- Social Isolation
- Legal Trouble

## □ Personal Development

- Inadequate Self-Concept
- Depression/Suicide

## □ Preparation for Adulthood

- Limited Work Skills
- Unemployable